CRAFTING FOR SINNERS

a novel

JENNY KIEFER

DIY Crochet Prayer Hands pattern by @lace_in_the_moon

Materials needed

Hook: I used a size 2.0 mm for this project. You may use any size hook, remembering the smaller the hook, the smaller the piece, and the larger the hook, the larger the piece.
Yarn: I used Caron One Pound yarn for this project, but you can use whatever yarn you prefer. I recommend making a small ball of each color so that it is easy for you to add new strings into your piece once you have started.
Scissors
Charts: I recommend printing out the chart or color blocking directions and crossing off rows as you go.

Pattern notes

The only stitch used in this pattern is single crochet. **YOU WILL NOT CROCHET ANY SQUARE THAT IS GREY if you want your piece to be cut out.** This is the most important thing to remember!! If you want your piece to be a blanket, then you WILL crochet the grey. There are two different ways to work this pattern: 1) by reading the chart, or 2) by reading the color blocking directions. You can choose whichever way you'd like. Feel free to get creative and use whatever color combo you prefer.

This pattern is worked in rows, starting from the bottom and working up. Each square on your grid represents one single crochet stitch.
Before starting the chart, you will need to chain the length of the area of the chart you are working plus one (your turning chain). After chaining, you will start with Row 1, chaining 1 when you get to the end. Remember: Always, always chain 1 when you get to the end of a row. This is your turning chain.

All ODD numbered rows will be worked RIGHT to LEFT
All EVEN numbered rows will be worked LEFT to RIGHT
*Left-handed people, the OPPOSITE applies to you.

ODD rows are considered the FRONT of your work.
EVEN rows are considered the BACK of your work.

*This applies to both left- and right-handed people.

All yarn tails should be on the BACK of your work to keep the FRONT clean. The back will look messy throughout your work, and this is to be expected. You will weave in all yarn tails at the end.

How to color change

There are a few different ways to color change, but the way I color change is by constantly adding new yarn to my project. Some people like to carry their yarn throughout their project, which you are totally open to do with this pattern, but I have found that the final piece is much cleaner and will have even tension throughout if you do not carry your yarn.

The way I color change is by constantly adding and subtracting new strings. This means at times you could be working with many different strings at a time. To avoid excessive tangling (there will always be some tangling), I prep small balls of each color before I start, that way you don't have to untangle your yarn skein as you go. If your yarn ever gets too tangled or out of control, simply cut off the tangled yarn and add a new piece back in the same way you would color change.

Below are step-by-step photos of how to color change.

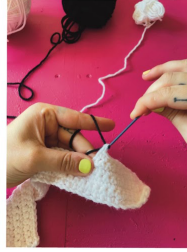# Color Changing/Adding Yarn to Front Side of Work

Let's say youre directions say to do 12 single crochet. Do 11 full single crochets

Start your 12th single crochet as normal, but stop when you have two loops on your hook
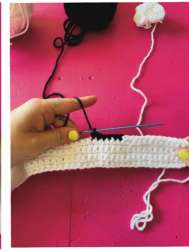

Drop the white (make sure the string hangs behind your work, on the "back side") and grab a strand of your new color
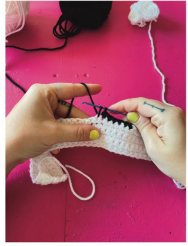

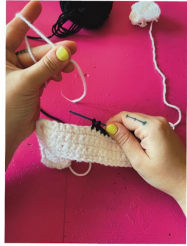Pull the new color through both loops on your hook, finishing the 12th single crochet

Now the black yarn has been added. Make sure the tail of the black yarn is on the "back side" of your work

From here, lets say the directions want you to do 6 single crochet with the black. Do 5 regular single crochet
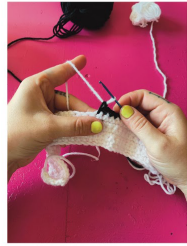

Start your 6th single crochet as normal, but stop when you have two loops on your hook
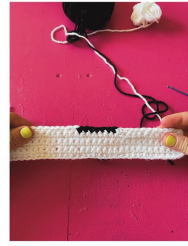

Drop the black (making sure the string hangs behind your work) and grab a NEW strand of white

Pull the NEW white strand through both loops on your hook, finishing the 6th single crochet

The new white has been added. Make sure the tail of the white yarn is on the "back side" of your work
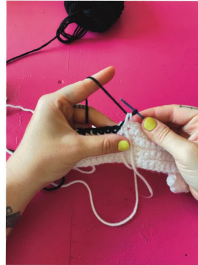

This is how your finished row should look

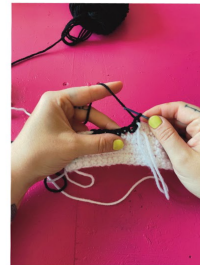# Color Changing/Adding Yarn to the Back of Your Work)

When working on the back side of your work, all loose ends will be facing you. To start, single crochet the total number of stitches you need, stopping when you have two loops on your hook for the last single crochet. Pull your yarn to the right side and drop it

Pick up the black string that is hanging on your work
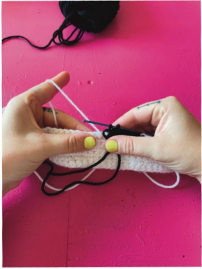

Pull the black yarn through both loops on your hook

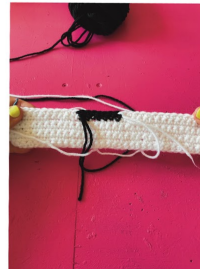Now you will single crochet using the black yarn

When you get to the last single crochet, stop when you have two loops on your hook. Pull the black yarn to the right side and drop it

Pick up the white string that is hanging on your work

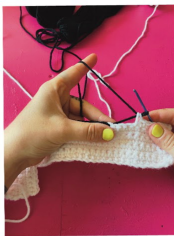
Pull the white yarn through both loops on your hook

This is how your finished row should look

Color Changing/Adding Yarn in a Third Color

When switching to black, use the yarn already attached to your hook

Crochet the desired number of stitches with your black string

Add strand of new color

Crochet the desired number of stitches with your new color (blue in this example)

Add new strand of black

Crochet the desired number of stitches with your new black string

When switching to white, use the yarn already attached to your hook

Completed row. You should have 5 different strings total