

How to Throw a Totally Feminist Craft Party: a Checklist

Superheroine Wrist Cuffs



INSTRUCTIONS

- 1 Trim cardboard tubes to cuff length. Cut a vertical slit in each tube so you can slip them onto your wrists (A).
- 2 Using the cardboard cuffs as a template, cut felt rectangles to fit inside cuffs (B). Hot-glue felt inside cuffs.
- 3 Cut glitter foam rectangles to fit over the outside of the cuffs and hot-glue in place. Hot-glue glitter foam stars to outside of cuffs.
- 4 Punch holes in both ends of the cuffs. Cut two 10-inch lengths of ribbon, thread through holes, and tie cuffs onto wrists. Now go save the world!



SUPPLIES

- Cardboard tubes from paper towels or toilet paper
- Scissors
- Felt
- Hot-glue gun
- Glitter foam sheets
- Glitter foam star stickers
- Handheld hole punch
- Ribbon

DON'T FORGET TO

- Shop for supplies
- Prep your workspace
- Stock up on snacks to feed your crafting friends
- Share your crafts on social media

USE #CRAFTINGWITHFEMINISM
TO SHARE YOUR AWESOME CREATION!

TURN ON THESE TUNES

- 1 **REBEL GIRL**
Bikini Kill
- 2 **CHERRY BOMB**
The Runaways
- 3 **CAN'T HOLD US DOWN**
Christina Aguilera and Lil' Kim
- 4 **NO SCRUBS**
TLC
- 5 **JUST A GIRL**
No Doubt
- 6 **BAD GIRLS**
M.I.A.
- 7 **GIRL ON FIRE**
Alicia Keys

A woman is
free if she lives
by her own
standards and
creates her
own destiny.

—Mary McLeod Bethune

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